



Foundation for Reproductive Health Services India (FRHS India) initiated its operations in the state of Bihar in 2013 and has been working closely with the Government of Bihar since then. Our endeavour is to improve access to affordable high quality sexual and reproductive health services among

socially and economically vulnerable populations in the state.

Starting with four districts in 2013, we have come a long way and currently provide a range of family planning services in 300+ public sector sites in 20+ districts of the state covering a population of over 45 million. In our first

year, we served 1,183 clients and in 2019, we served 65,354 clients. Since 2015, FRHS India has witnessed a compounded annual growth rate of 31% in Bihar. We provide services through 13 Clinical Outreach Teams, seven Mini-Clinical Outreach Teams and two Clinics in the state.

Sexual and Reproductive Health Indicators

Total Fertility Rate

Bihar **3.4%** > National **2.2%**

Total Unmet Need for Contraceptives

(unmet need for spacing: 9.4% and unmet need for limiting: 11.8%)

Bihar **21.2%** > National **12.9%**

Modern Contraceptive Prevalence Rate

Bihar **23.3%** < National **47.8%**

Our Service Delivery Channels

Clinical Outreach Team (COT)



A fully staffed and equipped team providing a full range (spacing, long-acting reversible and permanent methods) of family planning choices to clients in public sector sites.

Mini-Clinical Outreach Team (Mini-COT)



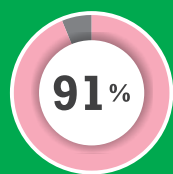
Reaching out to young adults closer to where they live and providing them with information, counselling and family planning services (spacing and long-acting reversible methods).

Marie Stopes Clinic

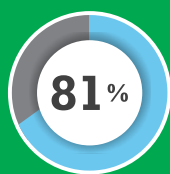


A one-stop facility offering an entire range of high quality family planning and reproductive health services in Gaya and Saharsa.

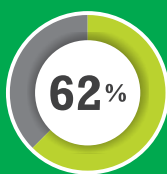
Our Clients and their Experiences



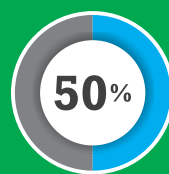
Clients who were **satisfied** with their overall experience



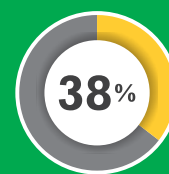
Clients who believe **FRHS India** exceeded their expectations



Clients who have never used **Family Planning**



Clients who did not have **another provider available** to get their method



Clients living under **extreme poverty**

CLIENTS SERVED

IN 2019



48,927

Tubectomy clients served



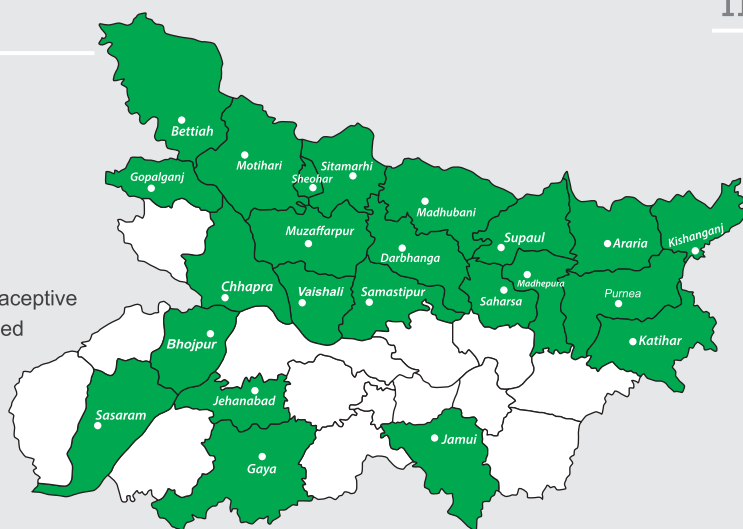
15,664

Intra Uterine Contraceptive Device clients served



763

Non Scalpel Vasectomy clients served



*Districts served by us in 2019 are highlighted in green

OUR IMPACT

IN 2019



6,97,869

Couple Years of Protection generated



32,972

Unintended Pregnancies prevented



11,569

Unsafe Abortions averted



26

Maternal Deaths averted

Recognition and Awards

East Champaran Team awarded the 'Best Supporting Team for Tubal Ligation and Non Scalpel Vasectomy' by Nodal Officer, Family Planning in 2019.

Katihar Clinical Outreach Team recognised by the District Health Society for extraordinary achievements in delivering family planning services during the year 2019-2020.

Sitamarhi Clinical Outreach Team and Mini-Clinical Outreach Team awarded for outstanding work by District Magistrate on 26th January 2017.

Chhapra Clinical Outreach Team awarded by Divisional Commissioner (Saran), State Health Society for being a good partner in supporting and providing quality family planning services in 2017.

Sitamarhi Diaries: Reaching Out to the Farthest Corners

Bairgania, a block in Sitamarhi district of Bihar has poor roads and the floods in 2019 further worsened their condition. This, however, did not deter FRHS India's Clinical Outreach Teams (COTs) to continue with their Fixed Day Services. The arrival of the FRHS India's ambulance at the Community Health Centre (CHC) at Bairgania brought smiles and sparked hope among families. The team quickly got into action and started setting up the canopy and registration desks; sanitised the Operation Theatre, Counselling and Pre-Operative rooms and started attending to the clients. Kamala, a mother of seven children, who had

come for Tubal Ligation said that if she would have known of FRHS India's family planning services earlier, she could have managed her pregnancies better. Kamala is not alone. The unmet family planning needs, especially in far-flung areas such as Bairgania is enormous, and bridging the gap is what FRHS India is striving for with every passing day.



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